

# FRED MORRISON



## 15 km ROAD RACE

*Enter on day – pre-entries  
on line close 31/08/2010*

IN MEMORY OF  
FRED MORRISON

PRESENTED BY



GERMISTON CALLIES

DATE : 5 SEPTEMBER 2010

TIME: Sunday 07:00 start  
VENUE: Germiston Stadium  
Delville Road North  
Delville, Germiston

Race Contact:

Germiston Callies Tel: 011 825 7701

or

Steve Jones : 082 338 9794

Results:

Internet on [www.germistoncallies.co.za](http://www.germistoncallies.co.za)

Spot Prize by:

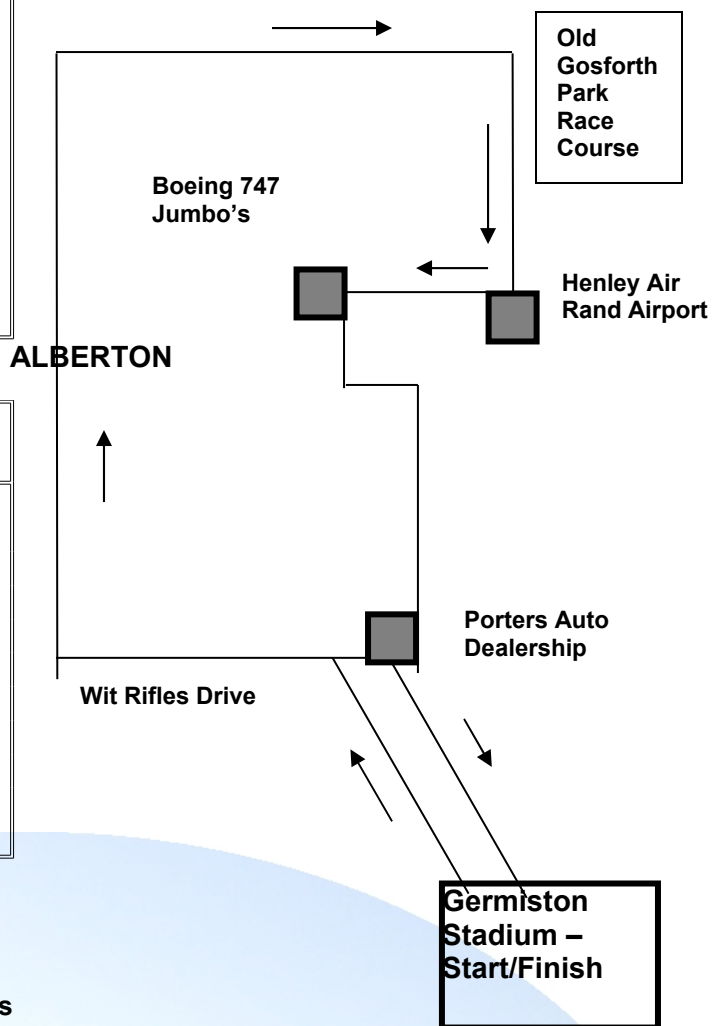
**ENTRY FEE : R35.00**

**TEMP LICENCE : R15.00**

***“Run a Race past the first  
Boeing Jumbo 747’s”***

<b>PRIZE GIVING</b> 09:00	<b>Gold Medals</b>	<b>First 3 Men</b>
	<b>Silver Medals</b>	<b>First 3 Women</b>
	<b>Bronze Medal</b>	<b>All other finishers 800 on the day</b>

CATEGORY	1st Prize	2nd Prize	3rd Prize
Individual Open Men & Women	R300	R200	R100
Men & Women 40 – 49	R200	R75	R50
Men & Women 50 – 59	R100		
Men & women 60+	R100		
Men & Women Junior	R100		



#### RACE RULES:

1. Run in accordance with ASA and CGA rules
2. No seconding allowed – ample water points available
3. Registered athletes must be a member of a club affiliated to ASA and wear club colours with race number on the front and 2010 license number on the back  
Temporary licensed athletes must wear the race number on the front and issued temporary license on the back and wear plain clothing
4. Athletes indemnify National, Provincial, Regional bodies, organizers and sponsors against all or any actions of whatever nature arising out of their participation in the race
5. Numeric age category ID tags (including juniors) must be worn (front and back) and be clearly visible. Proof of age for prizewinners will be required and to be presented to referees before prize giving. Prizes will be withheld until confirmed
6. Only athletes of 15 year and older on 5 September 2010 may enter
7. No 2,3 or 4 wheel carts/prams that are mechanically operated by participants, will be permitted to participate; without the special permission of the race organizer and traffic authorities
8. No pets are allowed to accompany runners
9. International athletes to provide clearance letter to referees in the event of winning a prize
10. Temp licensed athletes are eligible for open and category prizes, provided they have the age category tag clearly visible front and back