

ELEMENT

INVESTMENT MANAGERS



GOLDEN FEATHER SPUR

Vangate Mall, Vanguard Drive
Athlone. Tel: 021 633 7484



DIE BURGER

People's Post
Telling it as it is



City Vision



Official TV broadcaster



The Carole and Christopher Charitable Trust



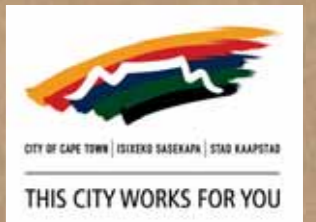
Entry Form



10 km
BIG WALK

**Cape Town Stadium
Green Point
Sunday 4 March 2012**

Closing date for entries: Mon 27 Feb 2012



10K 10K 10K BIG WALK

**ENTRY FEE
R25**



Walk Starts at 7.30am
Enter online: www.topevents.co.za



Important Information and Rules

How to Enter

Hand delivered entries, together with entry fees, will be accepted at Winners Supermarket, Mitchell's Plain.

Golden Feather Spur Vangate, Tazz Fashions, Gatesville most Tekkie Town Shoe outlets in the Peninsula, **Voice of the Cape studios, the Big Walk Office** in Rylands, **Islamic Library branches in Gatesville and Paarl Mosque complex** and at participating schools and organisations (contact the Big Walk office for more details). Entry forms will be available at all sponsors' businesses and most sports shops in various shopping malls in the Peninsula.

Cheques or postal orders must be made in favour of "10km Big Walk".

Postal entries to be sent to PO Box 225 Gatesville 7766. For direct deposits, kindly use the following banking details:

Name of Bank: **ABSA**
 Name of Branch: **ABSA Business Centre Eastgate**
 Branch code: **335642**
 Name of account: **Habib Overseas Bank**
 Account no.: **406 8451 861**
 Reference no.: **1166 1000 969**

1.1. Fax Entries

A copy of the deposit slip together with your entry form should be faxed to 021 633 6239 or 086 612 8395

- **Closing date for entries is Monday 27 February 2012 or when we reach 20 000 entries.**

1.2. Online entries

To enter online go to www.topevents.co.za

3. Registration (Collection of race numbers)

Race numbers must be collected at race registration, which takes place at the Big Walk Expo at the College of Cape Town Crawford Campus, corner of Kromboom and Thornton Roads Crawford on:

1. **Thurs 1 March (17:00 – 21:00)**
2. **2 Fri March (16:00 – 21:00)**
3. **3 Sat March (09:00 – 15:00)**

4. Expo 2012

The EXPO will be held at the College of Cape Town Crawford Campus concurrently with the registration of walkers from:

1 – 3 March 2012.

The EXPO will be an attraction which comprises the promotion of goods and services of sponsors and other exhibitors.

Food & refreshments will be on sale.

5. Anti-litter rule

Litter bins will be placed at each kilometer mark and near refreshments stations.



DO NOT LITTER!!!

Please place your used water sachets and all other litter in these bins.

6. Start and finish

The walk starts in the Forecourt in front of the Cape Town Stadium in Fritz Sonnenberg Road and will finish inside the Green Point Urban Park.

Both wheel chair bound & pram participants will start 10 minutes before the official start of the race, therefore they must be lined up right in front at the start by 7am

7. Refreshment stations/finish

A refreshment station will be provided at each of the 2, 4, 6 and 8km marks. JIVE and Polar Ice Cream will be given to all finishers with a race number attached to their shirt.

8. Medical facilities

Professional emergency and other services will be provided by Life Vincent Pallotti Hospital. Medical personnel, including a cardiologist, doctors, physiotherapists, etc will be on duty, courtesy of Islamic Medical Association (IMA).

9. Medals

Medals will be awarded to all finishers with a race number attached to their shirt.

10. Prizes (conditions apply)

- 1.) Return airline tickets for 2 from Cape Town to Turkey together with \$US 500 spending money sponsored by **Al -Anwar Hajj & Umrah**.
- 2.) **Laptop:** Windows 7 plus 320GB Hard drive
- 3.) An educational training course to the value of more than R12,000 sponsored by **College of Cape Town**.
- 4.) Blackberrys and other cell phones.
- 5.) Other fabulous prizes such as: walking shoes sponsored by **Tekkie Town**, colour TV sponsored by **Taj Radio & TV**, mountain bikes sponsored by **Dragon Gas, DVD players** and many more.

To be eligible for the prizes, winners must be present at the live draw prize awards programme between 10:30 and 12:30. Prizes are not transferable and cannot be exchanged for cash.

12. Rules

The race number must be pinned to the front of your clothes. Refreshments will not be given to walkers without race numbers. Walkers must obey marshals and traffic officials at all times. The Big Walk is held under the guidance of Western Province Athletics. The Big Walk Committee reserves the right to cancel the event if the Committee, in its sole discretion, decides to do so in the public interest.

13. General information

Food and refreshments will be on sale. Entertainment for the whole family will be provided. The event will be broadcast live on Voice of the Cape on race day. For more information, call the Big Walk Office on **021 637 1607** or fax **021 633 6239** or email: bigwalk10km@mweb.co.za

Please write clearly and complete All details

Receipt No.:

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Surname:

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

First Name:

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Address:

Postal Code:

Date of birth:

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Male:

Female:

Age on the day of walk:

Cell No.:

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Home Tel:

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Work Tel:

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Email:

Name of school/organisation/club/company

Please tick the distance you will be walking 10km 5km

Additional donation to Red Cross Children's Hospital?..... Yes No

Donation - Red Cross Children's Hospital

Entry Fee (Twenty Five Rands)

TOTAL

ENTRY FEE
R25

Your receipt MUST be presented when you collect your race number

INDEMNITY

I agree not to hold the organisers of the 10km Big Walk, any of their sponsors or individuals assisting in the organisation or hosting of the event, liable for any injury, illness, damage or loss of life or property which I may suffer directly or indirectly as a result of participating in the event.

Signature of Entrant

Signature of Parent/Guardian (In case of Minor)