

**2010  
Callies  
Comrades  
Legends**

**32/15 km**



*Third in the series  
commemorating  
Callies Comrades  
Winners – this year  
in honour of  
Alan Robb*

Presented by  
**Germiston Callies**



**18 April 2010  
Sunday 06h30  
Germiston Stadium**

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**Pre-entry Fees  
R60 for 32km  
R35 for 15km**

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**5km Fun Run  
(R10 entry on day)**

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**Special  
commemorative series  
medal to all finishers**

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**T-Shirts to  
Pre-Entries**

## 2010 Callies Comrades Legends – RACE DETAILS

**Date:** Sunday 18 April 2010  
**Time:** 06h30 for the 32 & 15km races; 06h40 for the Fun Run  
**Venue:** Germiston Stadium, Delville Rd North, Delville, Germiston  
**Cut-off** 11h30 for both events.  
**Entry:** Enter at the races or shops listed, or on line with -  
[www.enteronline.co.za](http://www.enteronline.co.za)  
**Pre-entry cut-off is 05 April 2010**  
 (No pre-entry for the Fun Run)  
 Late entries on the day and collections from 05h00.  
**Results:** Internet on [www.germistoncallies.co.za](http://www.germistoncallies.co.za)

<b>Entry Fees:</b>	<b>32km</b>	<b>15km</b>	<b>5km Fun Run</b>
Entry	R60	R35	R10
Late Entry	R65	R40	On the day,
Grand Masters	R30	R15	Temp licence not
Temp Licenses	R25	R15	required

(Free entry for blind runners and Great Grand Masters – ID on request)

**Banking** Cheques and postal orders made payable to Germiston Callies.  
**Details:** Faxed entries to 086 5514 545 accompanied with a deposit slip  
 and the relevant entry fee will be acceptable.  
 Acc. No. 1936141183 Nedbank, Wadeville Branch No. 193 642

For on-line and direct deposit entries, entrants must bring a copy of their entry & proof of payment on race day in order to collect their race numbers.

**Enquiries: 011 825 7701 or Steve Jones on 082 338 9794**

**Shops** Bedford Runner Bedford Arcade, Van Buuren Rd, Bedfordview  
 Sweat Shop Dunkeld West Shopping Centre, Jan Smuts Ave  
 Runaway Sports Glenfair Shopping Centre, cnr Lynwood/Daventry

**Races** 14/02/2010 Pick & Pay Jeppe 42/21km  
 21/02/2010 Pirates 21km  
 27/02/2010 Deloitte Pretoria 42/21km  
 07/03/2010 Rand Road Warriors 42/21km  
 13/03/2010 Sunrise Monster 32/15km  
 21/03/2010 Stadium to Stadium 15km Germiston  
 27/03/2010 Denel 21km Kentron

## Third in the series of:- “Callies Comrades Legends”

This is the third in a five year commemorative medal series which honours great achievements by Callies runners at the Comrades Marathon. The series commenced with Wally Hayward, then Jackie Mekler, and this year we honour the incredible achievements of Alan Robb.

### *In Honour of Alan Robb – Permanent Number 1704.*

Alan Robb made his Comrades debut at the age of 20 coming 3<sup>rd</sup> thus proving to the running fraternity that he was a serious Comrades contender.

Just 2 years later the first Comrades win was in the bag.

In 1977 he broke the up record in a time of 5;47 and the following year taking the race to greater heights he broke the down record with an incredible 5;29 placing himself up with the best by achieving a hat trick of wins. The 4<sup>th</sup> win came in the 1980 down run.

Since that first run in 1974 Alan has run an incredible 36 consecutive Comrades including the record 12 Gold medals as listed below.

*Comrades Gold*

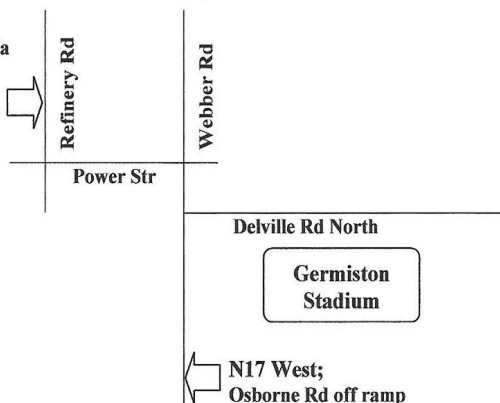
Run	Year	Age	Time	Position
Up	1974	20	06;06;45	3
Up	1975	21	06;09;00	5
Down	1976	22	05;40;43	1
Up	1977	23	05;47;00	1
Down	1978	24	05;29;14	1
Up	1979	25	06;01;12	5
Down	1980	26	05;38;25	1
Down	1982	28	05;41;26	2
Up	1985	31	05;59;26	9
Down	1986	32	05;41;09	6
Up	1987	33	05;51;17	7
Down	1991	37	05;51;49	8

N3 South - from Sandton & Pretoria

N12 & R24 - from East Rand

**Join M2 East** - follow to end

N12 - from Vaal & Soweto



**Get to the start early!**  
Look out for direction and parking signs

N17 West;  
Osborne Rd off ramp

## 2010 Callies Comrades Legends – RACE RULES

1. Run in accordance with ASA and CGA rules.
2. No seconding allowed - ample water points available.
3. Registered athletes must be a member of a club affiliated to ASA and wear club colours with race number on the front and 2010 licence number on the back.  
Temporary licenced athletes must wear the race number on the front of the vest and issued temporary licence on the back, and wear plain clothing.
4. Athletes indemnify National, Provincial, Regional bodies, organizers and sponsors against all or any actions of whatever nature arising out of their participation in the race.
5. Numeric age category ID tags (including juniors) must be worn (front and back) and be clearly visible. Proof of age for prizewinners will be required and to be presented to referees before prize giving. Prizes will be withheld until confirmed.
6. Only athletes of 15 years and older on 18 April 2010 may enter the 15km race  
Only athletes of 19 years and older on 18 April 2010 may enter the 32km race.
7. No 2, 3 or 4 wheel carts/prams that are mechanically operated by participants, will be permitted to participate without the special permission of the race organizer and traffic authorities.
8. No pets are allowed to accompany runners
9. International athletes to provide clearance letter to referees in the event of winning a prize
10. Temp licenced athletes are eligible for open and category prizes, provided they have the age category tags clearly visible front and back.

## 2010 Callies Comrades Legends – PRIZES & MEDALS

### 15km Prize Giving at 09h00

15km Prize Money	1 <sup>st</sup> Place	2 <sup>nd</sup> Place	3 <sup>rd</sup> Place
Men & Women Open	R300	R200	R100
Men & Women 40-49	R200	R100	R50
Men & Women 50-59	R100		
Men & Women 60 +	R100		
Men & Women Junior	R100		

### 32km Prize Giving at 10h00

32km Prize Money	1 <sup>st</sup> Place	2 <sup>nd</sup> Place	3 <sup>rd</sup> Place
Men & Women Open	R500	R300	R200
Men & Women 40-49	R400	R200	R100
Men & Women 50-59	R200		
Men & Women 60 +	R200		

## Gold Medals to all Finishers !

(in both 32 & 15km events)

**Total of 1500 on the day.**

**Balance to be handed out at CGA races.**

### Information

**Tog Bags** *Tog bag area available – PLEASE NOTE; whilst best care will be taken at the tog bag area, Germiston Callies and their sponsors will not be held liable for any losses.*

**Food/Drink** *Food and refreshments will be on sale*