



TrailAdventure

# CANSA ACTIVE

## FITNESS CHALLENGE

**20**  
**OCTOBER**  
**08:00**  
**R100<sub>PP</sub>**

Celebrating all cancer survivors  
and supporting a balanced lifestyle  
aimed at reducing cancer risk

2,5KM / 5KM TRAIL RUN WITH SOME FUN

**VENUE: SMUTS IRENE RIVER, JAN SMUTS DR, IRENE**

ENTER ONLINE @ [WWW.TRAILADVENTURE.CO.ZA](http://WWW.TRAILADVENTURE.CO.ZA)

GLIZELLE - 083 264 3931

**ALL PROCEEDS GO TO CANSA**

