



F A L K E

FALKE Klapmuts Cup TRAIL RUN

The Klapmutskop trail network is one of the oldest in the Cape, but still produces wonderful views from the singletrack. The long-distance winners will run to win the local trophy! Join in the fun at the second last in the FALKE trail run series.

DATE: Sunday, 20 October 2019
WHERE: Dirtopia Trail Centre, Delvera Farm, on R44 about 10 km from Stellenbosch
REGISTRATION: From 06h45 at Dirtopia Trail Centre
DISTANCES: 5km, 7.5km, 12.5km & 15km
START TIMES: 15km: 08h00; 12.5km: 08h15, 7.5km: 08h30 & 5km: 08h45
COST: Pre entries close 17 October: 5km – R100, 7.5km – R120, 12.5km – R135 & 15km - R150

Kids under the age of 18 pay only R50. Note this is only for pre entries. Late entries will pay the normal late entry fee

Timing will be done with Amarider Trail Tags. No tag, no time: available for rent (R20) or to buy (R100).

Late entries (if available, taken on event day) *at an additional fee*

ROUTE DESCRIPTIONS: The longer routes offer great climbing on jeep track through the vineyards towards Klapmutskop with rewarding singletrack trails **and scenic wineland views from the waterpoint** of Table Mountain in the distance. The longer distances will be turned around from the normal direction of previous runs. The 5km circles through the vineyards and around the farm dams with lots of birdlife.

GENERAL INFO: Pre-entries will receive discount and a medal to all finishers! The refreshment station at the Pepper tree on the longer routes will have Powerade, fruit & jellies and Coke at the finish for all! Prize giving and lucky draw with wonderful prizes from FALKE and other product sponsors will take place around 10am. Livvwell massages at the finish.

For further information please contact Dirtopia Trail Centre on 082 809 9878 or entries@dirtpass.co.za
www.dirtopia.co.za