



Presented by FALKE

**F A L K E**

The first in the FALKE series for the year. Join us at this magnificent venue, Warwick Estate is a high-end South African winery with rich history dating back to 1771. The barn swallow migration in March is a worldwide attraction and said to be a sight to be witnessed and experienced. Let's celebrate this phenomenon with FALKE and Warwick with three distances to choose from.

**DATE:** Sunday, 24 March 2019

**VENUE:** Warwick Wine Estate, R44, Stellenbosch

**REGISTRATION:** From 07h00

**DISTANCES:** 5km, 10km and 15km

**START TIMES:** 5km: 08h30, 10km: 08h15 & 15km: 08h00

**COST:** Pre-entries (close on the 21<sup>st</sup> of March):

5km: R110, 10km: R130 & 15km: R160

All **PRE-ENTRANTS** who are under 18 years of age will pay only R50 entry fee! Note late entries under 18 will pay the normal late entry fee. No discount!

Late entries taken on event day, if available. Additional late entry fees will apply

Timing by Amarider Trail Tag – available for rent (R20) or buy (R100). All results are submitted to Discovery for Vitality points on condition you have timing results on [www.trailtag.co.za](http://www.trailtag.co.za). Results are live to all pre-entrants; late entries & changes will only be live by the Monday afternoon.

**ROUTE DESCRIPTIONS:** The routes will climb on the slopes of Klapmutskop and go towards Le Bonheur & Delvera on beautiful singletrack sections and jeeptrack through the vineyards. The routes are NOT loops of 5km. Circular routes with sections of beautiful newly built trails!

**GENERAL INFO:** A medal to all finishers! The refreshment station on route will have Powerade, water, fruit & jellies and coke to all finishers. Stay for the prize giving & lucky draw and stand a chance to win some great product prizes from the sponsors, FALKE and Capestorm and Warwick Wine! Early morning coffee will be ready, and Warwick will have something to eat afterwards on their beautiful lawns. Livvwell will be there for some great recovery massages.

Book early for their popular lunch picnic – see their website: [www.warwickwine.com](http://www.warwickwine.com)

Remember to follow us on [Instagram](#), Twitter [@dirtopia](#) or [Facebook](#) for daily news.

For further information please contact Dirtopia Trail Centre on 021 884 4752 or [entries@dirtpass.co.za](mailto:entries@dirtpass.co.za)