



Thur 2 April - 19:00

Registration starts: 17:30

Online Entries: 5km - R85, 10km - R105

R25 Surcharge for late entries

Under 13/Over 60yrs R20 (no surcharge)

Entries @ www.entrytime.co.za
earn up to 600 Vitality Points

@ Houghton Golf Club

Adventure Night Run / Walk



Info: Shane - 082 332 9552 / gouldie@icon.co.za