

# EASTERN NIGHTS

*Trail Run Series 2019*



**Thursday 6 June 2019**

**Benoni Country Club**

Bring a head lamp & a buddy and come enjoy trail running in the dark.

**5km or 8km** (Earn Vitality Points)

Registration @ 17:45 | Race Briefing @ 18:50

Race Start @ 19:00


Prize giving @ 20:30

**Restaurant & bar available.**

R75/R85 pre-entry. R100 late entry on the night.

Children U15 FREE.

Enter @ [www.phadima.com/events](http://www.phadima.com/events)  
[events@phadima.com](mailto:events@phadima.com) | 082 448 2019

 [@easternnightsruns](https://www.facebook.com/easternnightsruns)

**SPOT PRIZES**



**PHADIMA SECURITY**  
EXERCISE JUSTICE. LOVE MERCY.