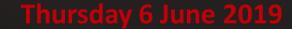
EASTERN MAINTS MICHAEL

Trail Run Series 2019



Benoni Country Club

Bring a head lamp & a buddy and come enjoy trail running in the dark.

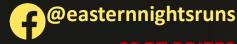
5km or 8km (Earn Vitality Points)

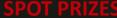
Registration @ 17:45 | Race Briefing @ 18:50 Race Start @ 19:00 Prize giving @ 20:30

Restaurant & bar available.

R75/R85 pre-entry. R100 late entry on the night. Children U15 FREE.

Enter @ www.phadima.com/events events@phadima.com | 082 448 2019







Phadima Security