



TrailAdventure

19:00PM

(REGISTRATION STARTS @ 17:30PM)

ONLINE: 5km ~ R75 / 10km ~ R85

Under 13 yrs & over 60 yrs only pay R20 (no surcharge applies)

R25 surcharge for late entries

WWW.TRAILADVENTURE.CO.ZA

Earn up to 600 Vitality Points



65 Glengory Road, Vlakfontein, BENONI AH

Friday ~ 10 May 2019

10 MAY ~ NITRO NIGHT RUN

**For more information contact: Shane @ 082 332 9552
gouldie@icon.co.za**