



# PRISON BREAK

NIGHT TRAIL RUN/WALK

**20 FEBRUARY 2019**

LEEWKOP GOLF CLUB  
CNR CANDICAN RD & KIPLING RD, SUNNINGHILL

**ENTRY FEE: R80 ONLINE OR R100 ON THE DAY.  
ENTER NOW AT: [WWW.METROSPORTS.CO.ZA](http://WWW.METROSPORTS.CO.ZA)**

5KM AND 8KM ROUTES AVAILABLE | FAMILY FRIENDLY AND WALKERS WELCOME

**RACE STARTS AT 19:00**

FOOD AND DRINKS AVAILABLE DURING THE EVENT.  
BRING YOUR HEADLAMP TORCH AND HAVE SOME FUN.

FOR MORE INFO EMAIL [PRISONBREAK@METROSPORTS.CO.ZA](mailto:PRISONBREAK@METROSPORTS.CO.ZA)