



21.1KM & 12KM

ROAD RACE



WWW.CHAPMANSPEAKHALF.CO.ZA

SUNDAY 22 SEPTEMBER 2024

21.1km – 6:30 & 12km – 7:10

Chapman's Peak Drive will be closed to traffic. The use of Chapman's Peak Drive is at your own risk. Please note the possibility of rock falls and the danger associated in addition to that.

- Start Venue: Velocity Gym Address: Cnr Chapmans Peak Dr & Beach Crescent, Hout Bay
- Finish Venue: Kronendal Primary School
- Enter early to book your place.
- Entries are limited to 2500 and will **CLOSE** once full or on **FRIDAY 6 SEPTEMBER 2024** at www.chapmanspeakhalf.co.za
- Substitutions Close Tuesday 17th September 2024.

PLEASE NOTE: NO ON-THE-DAY ENTRIES.

If any entries become available. You need to purchase them at Olympic Store – Retreat between 9:00am and 12:00pm on Saturday 21 September. No cash will be taken. Only SnapScan and a limited card facility will be available.

- Enter online at www.chapmanspeakhalf.co.za
- Entries Close on Friday 6th September 2024

Entry fee:	ASA Licensed	Temp License
21.km	R170.00	R245.00
12km	R110.00	R160.00
Junior 12km	R65.00	R95.00
- Includes Timing Tag		

Number collection will be at the location you select on your entry form.

Venue	Date	Time
Sweatshop – Claremont	Wednesday 18 th September	11:00 to 13:00
Velocity Gym – Hout Bay	Thursday 19 th September	16:00 to 18:00
Run Store – Bellville	Friday 20 th September	11:00 to 13:00
Olympic Store – Tokai	Saturday 21 st September	09:00 to 12:00
Velocity Gym – Hout Bay	Sunday 22 nd September	05:00 to 06:00

- Start Time: 21.1km – 6:30 and 12km – 7:10
- Medals to all finishers
- Aid Stations:
- Runners are encouraged to carry their own reusable cup or bottle or hydration pack that can be refilled at 1 of the 6 Aid Stations. A limited quantity of paper cups will be available at each aid station for front runners
- #RunGreen #RunClean #ICarryMyOwn.
- Water stations will be placed at:

Station	21.1km	12km	Hydration
1	3km	3km	Water
2	6km	6km	Water & Coke
3	9km	9km	Water
4	12km		Water
5	15km		Water & Coke
6	18km		Water & Coke



T-shirt Orders Close – 28th August 2024 – R285.00

- Lucky draw prizes.
- Baggage: A tog bag facility will be available at the start. Bags will be transported to the finish. All items are stored at the owner's risk.
- Social Walkers are welcome to enter the 12km run. Walkers to start at the back and to keep to the side of the road.
- Eats and refreshments will be on sale.
- Results will be available on www.chapmanspeakhalf.co.za and www.wpa.org.za.
- Parking: Please note there is limited parking space at the finish (Kronendal Primary School). We strongly encourage you to car share and to arrive early to find parking between the start and the finish.
- Prize giving will start at approximately 09:15.
- Enquires – info@chapmanspeakhalf.co.za or 082 643 6186

RACE RULES

1. The race is run in accordance with the rules of ASA and WPA. All participants must comply with the rules, regulations, and instructions given by race officials, marshals, and traffic officials. Non-compliance may lead to disqualification. The race organiser reserves the right to accept/reject any entry received.
2. Runners must obey traffic officers, race marshals, and race officials at all times.
3. Junior Categories is under 20 at the end of the year. Born 2005 or later. The minimum age for each distance:
 - a. 21.1km - Minimum age of 16 years on race day
 - b. 12km - Minimum age of 15 years on race day
4. No personal seconding permitted except at official refreshment stations.
5. The time limit for 21.1km is 210 minutes (10:00) and 12km is 170 minutes (10:00).
6. Licensed runners should run in club colours and a licence valid for 2024 must be worn on the front and back of the vest or purchase a temporary licence to be worn on the back of the vest. Temporary licences will be available at registration. When registering, participants must complete and hand in the tear-off strip from the number to be eligible to compete.
7. Temporary licensed runners to wear plain clothing, no advertising.
8. Age category tags must be worn (front & back) and be visible for the entire race to be eligible for any age category prizes including Juniors. Tags: Juniors – [J], 40-49 – [40], 50-59 – [50], 60-69 – [60], 70+ - [70].
9. Race numbers will be issued and must be worn unaltered on the front of the runners' vests. As per the ASA 202 rules. The race number is placed on the front over the licence number so that the licence sponsor, year, and province remain visible.
10. Temp licenced athletes wear the race number on the front and the temp licence on the back of their vests.
11. No swapping of race numbers is permitted as the race number is linked to your name and finishing time. Any swapping will result in your disqualification.
12. The use of music players with headphones is not allowed and may result in disqualification.
13. Timing Tag will be on your Race Number. Do not bend or remove the timing tag. Make sure your Race Number is visible when you cross the finish line.
14. Participants must always stay on the left-hand side of the road (running with the traffic) unless instructed differently by the marshals and Traffic Officers.
15. Distance markers will be placed at every kilometre. Please see the route map online for more details.
16. Do not litter. Dispose of any litter or cups responsibly by using the bins at the finish. Report offenders to the referees. #RunClean, #ICarryMyOwn, #RunGreen
17. Coke will be available at the finish.
18. Entrants participate at their own risk.
19. Participants take part at their own risk and the organisers, sponsors, and WPA will not be held responsible for any accident or injury resulting from the athlete's participation.
20. Detailed rules are available on www.wpa.org.za or, on request from the organisers or the WPA office.
21. Wheelchair athletes or athletes who require assistants must please contact the organisers timeously to discuss arrangements for their participation.
22. All entry fees are non-refundable and non-transferable under all circumstances, including, but not limited to, cancellation of the event or the athlete's participation, or change in the date, nature, or format of the event. The event may be canceled or changed due to severe weather or any other factors that may be deemed to threaten the safety of athletes, staff, or volunteers.
23. In the case that we are not able to run over Chapman's Peak Drive on Race Day, an alternative route will be considered.

PRIZES

1. In addition to Overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their vest. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
2. Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags, and provide proof of age.
3. Juniors born in 2005 or later, must display age tags "J" to qualify for age group prizes. Juniors will count towards Open team prizes.

Category	21.1km			12km		
	1 st	2 nd	3 rd	1 st	2 nd	3 rd
Open	2000	1500	1000	800	600	400
40-49	800	650	500	400	300	200
50-59	800	650	500	400	300	200
60-69	800	650	500	400	300	200
70+	800	650	500	400	300	200
Junior	-	-	-	600	500	300
Open Team	4 x R500	R2000				

INDEMNITY

By entering this event I undertake to be bound by the rules and regulations of the event including those of World Athletics and ASA. I warrant that I am in good health and aware of the risks and dangers of the physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organisers of the Chapman's Peak Half Marathon, Athletics South Africa, Western Province Athletics, City of Cape Town, Western Cape Government, Entillini Concessions (Pty) Ltd, Hout Bay Harriers, Sport Redefined, all official sponsors and partners, volunteer groups, medical suppliers, and any and all local authorities, from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however, caused, arising directly or indirectly from my participation in the event including pre- and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

MINOR RELEASE

As the parent or legal guardian of an entrant under the age of 18 (a minor), I understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this Indemnity/ waiver on behalf of the minor.

CONDITION OF ENTRY

Entry into Chapman's Peak Drive is at your own risk. None of Entillini Concession (Proprietary) Limited (the Concessionaire), Entillini Operations (Proprietary) Limited (the operator), the Provincial Administration of the Western Cape, the South African National Parks Board, and their respective servants and employees will be liable for any death or injury to any person or loss or damage to any property whilst you are on Chapman's Peak Drive, irrespective of the cause of such death injury, loss or damage, including any act or omission of any of the above mentioned, whether negligent or not.

Any person using or entering Chapman's Peak Drive indemnifies each of the above name against all claims which may be brought against them or any of them by any dependant of such person.

In addition, the driver of any vehicle indemnifies each of the above names against all and any claims which may be brought against them or any of them, by any passenger in such vehicle or any dependant of any such passenger.

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