

BARN ADVENTURE RUN



Vitality

RUN | WALK

Medals to all finishers

Every Saturday of the month

VENUE	STARTS (STAGGERED)	DISTANCE (R25 LATE SURCHARGE)	2022 DATES
The Big Red Barn 7 Nelson Rd, Irene, Centurion	06h30 - 09h00	2.5km - R30 5km - R50 10km - R75 15km - R100 21km - R120	Saturdays

SHANE@082 332 9552

GOULDIE@ICON.CO.ZA

ENTRIES AND RESULTS

WWW.ADVENTURERUN.CO.ZA



OWL RUN

NIGHT RUN | WALK

DISTANCES

5km - R75 | 10km - R95 |
R25 Late Surcharge

START TIMES (STAGGERED)

18h00 - 19h00

2022 DATES

20 Apr, 25 May, 29 Jun,
27 Jul, 31 Aug

VENUE

Irene Country Club, 1 MI8,
Doringkloof, Centurion

Come hungry, restaurant will be open before and after

4TH WEDNESDAY OF EVERY MONTH

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Vitality

NIGHT RUN | WALK

VOORTREKKER MONUMENT ADVENTURE NIGHT RUN

DISTANCES

5km - R75 | 10km - R95

2022 DATES

13 Apr, 18 May, 15 Jun,
20 Jul, 17 Aug

START TIMES [STAGGERED]

16h00 - 18h00

VENUE

Eeufees Rd, Groenkloof
358-Jr, Pretoria

3RD WEDNESDAY OF EVERY MONTH

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Vitality
NIGHT RUN | WALK