

# BARN ADVENTURE RUN PARK DAY

**SATURDAY  
19 SEPTEMBER 2020**

**BOOK YOUR SLOT TO ENSURE SOCIAL DISTANCING**

**GROUP START TIMES OF 50 PEOPLE MAX: 07H00 AND 08H00  
INDIVIDUAL TIMESLOTS AVAILABLE AS OF 08H20 TILL 10H00**

**ONLINE ENTRIES**

21km ~ R135 per person

15km ~ R115 per person

10km ~ R95 per person

5km ~ R75 per person

Kids 13yrs & under only pay R20

Penioners 60yrs and older only pay R30

On the day entries will be allowed for open slots per distance per hour @ R25 surcharge

Enter Online @

[WWW.ADVENTURERUN.CO.ZA](http://WWW.ADVENTURERUN.CO.ZA)

**VENUE: THE BIG RED BARN / RED BARN CAFE**

7 NELSON DR. SUNLAWNS AH, OLIFANTSPONTEIN

Medals for all finishers

Formal race results will be available at the end of the day

**DOGS ARE ALLOWED ON THE 5KM & 10KM ON ALL DAYS**



AdventureRun

This is not an event but an exercise park and will be strictly controlled according to the COVID 19 regulations. Face Masks, Sanitizers, Distance control will be enforced.

More information on our rules and regulations on

[www.adventurerun.co.za](http://www.adventurerun.co.za)

For more information contact: Glizelle @ 083 264 3931  
[adventurerun.info@gmail.com](mailto:adventurerun.info@gmail.com)



Health 24/7



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