

BARN SUNSET RUN AND RIDE

Friday 17 December



Vitality RUN | WALK | RIDE

RUN | WALK - 5KM - R50 | 10KM - R50

RIDE - 11KM - R50 | 22KM - R50 | 33KM - R50

VENUE: THE BIG RED BARN - 7 NELSON ROAD, IRENE, CENTURION

START TIMES: 16:30 - 18:30 (staggered start)

ENTRIES AND RESULTS ON WWW.ADVENTURERUN.CO.ZA

FURTHER INFORMATION: BEVAN @ 076 834 6971 | bevanadventurerun@gmail.com