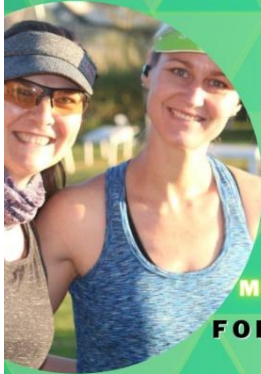


IDLEWILD FREEDOM DAY ADVENTURE PARK

WEDNESDAY 12 MAY



**START TIMES: 06H30 - 09H00
(STAGGERED STARTS)**

**COVID-19 REQUIREMENTS:
MASK AND SOCIAL DISTANCING**

**5 KM - R75 | 10 KM - R95
MEDALS AND VITALITY POINTS
TO ALL FINISHERS**

**VENUE: IDLEWILD COUNTRY ESTATE
MOONLIGHT RD, OLIFANTSFONTEIN, 1666**

**FOR MORE INFORMATION CONTACT:
BEVAN @ 076 834 6971
bevanadventurerun@gmail.com**

**ENTRIES AND RESULTS ON
WWW.ADVENTURERUN.CO.ZA**

