

IRENE RIVER ADVENTURE RUN PARK DAY

SATURDAY 19 SEPTEMBER 2020



COLLAGEN
FOR
ATHLETES

Simparica

Adventure Tails

Health 24/7

BOOK YOUR SLOT TO ENSURE SOCIAL DISTANCING

GROUP START TIMES OF 50 PEOPLE MAX: 07H00 AND 08H00
INDIVIDUAL TIMESLOTS AVAILABLE AS OF 08H20 TILL 10H00

ONLINE ENTRIES

21km - R135 per person

15km - R115 per person

10km - R95 per person

5km - R75 per person

Kids 13yrs & under only pay R20

Penioners 60yrs and older only pay R30

On the day entries will be allowed for open slots per distance per hour @ R25 surcharge

Enter Online @

WWW.ADVENTURERUN.CO.ZA

VENUE: IRENE RIVER ADVENTURE PARK

JAN SMUTS DR, IRENE, CENTURION

Medals for all finishers

Formal race results will be available at the end of the day

DOGS ARE ALLOWED ON THE 5KM & 10KM ON ALL DAYS

This is not an event but an exercise park and will be strictly controlled according to the COVID 19 regulations. Face Masks, Sanitiser, Distance control will be enforced.

More information on our rules and regulations on
www.adventurerun.co.za

For more information contact: Glizelle @ 083 264 3931
adventurerun.info@gmail.com

