

NIGHT RUN TO HONOUR HEALTHCARE WORKERS

7KM RACE • SAT 23 OCTOBER • 6PM-8PM

VENUE:

Rietondale Park, North Street,
Rietondale

ENTRY FEE:

R100 per person
R50 for children under 12

FUNDRAISER:

Bursaries for student nurses

ENTER ONLINE:

WWW.THEEXCEPTIONALNURSE.CO.ZA

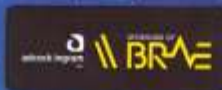
Please assist friends and family with no internet access, to register.

SAVE LIVES - BE A NURSE

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NIGHT RUN TO HONOUR HEALTHCARE WORKERS

WELCOME TO THE 7KM NIGHT RUN TO HONOUR HEALTHCARE WORKERS

BROUGHT TO YOU BY THE EXCEPTIONAL NURSE CAMPAIGN

This family-friendly event is open to EVERYONE, not only healthcare workers!

Please enter online at www.theexceptionalnurse.co.za

The first 2 000 entrants will receive 2 super free gifts at registration. The NIGHT RUN will officially start at 6pm.

RULES AND REGULATIONS – TERMS AND CONDITIONS:

Please carefully read the following information:

1. The 7km NIGHT RUN to honour HEALTHCARE WORKERS has been organized following the official Code of Conduct for Fun Runs.
2. Bookings and payments to be done online: www.theexceptionalnurse.co.za.
3. Entries close on Sunday, 18 October 2021. We are limited to 2 000 entries. The race organizers reserve the right to accept or reject any entry.
4. The entry fee is non-refundable unless the entry is rejected.
5. Once you have entered and paid online, you will be able to print out your race entry ticket. Your personal NIGHT RUN ticket must be carried on your person for the entire race.
6. Registration and free gift collection will officially open at 10:00 pm on the RACE DAY.
7. All runners must use headphones after 6pm, available at all Crazy Store outlets.
8. All runners are advised to wear bright colours – no plain black tops are to be worn.
9. Distance markers will be placed at each kilometre mark.
10. No dogs or bicycles may participate in the event.
11. A water station will be situated at the halfway mark only. All runners are required to carry their own water should this be needed.
12. Wheelchair users must please contact the organizers in advance to make arrangements for their participation.
13. Cut off time for the 7km NIGHT RUN is 1 hour and 30 minutes.
14. Marshalls, traffic and security officials must be stayed at all times. If participants are instructed by any race, medical, traffic or security official to stop they must do so immediately.
15. Public parking is available at the venue. Race organizers will provide security guards but parking will be at the runner's risk.
16. Liability: The organizers and sponsors accept no responsibility for injury or accident resulting from participation in the race.
17. The 7km NIGHT RUN to honour HEALTHCARE WORKERS takes place in an environmentally sensitive area. Participants may not litter or damage the environment in which the event takes place. Participants who do not respect the instructions regarding litter may be subject to a fine or a ban from future events.
18. The proceeds from the NIGHT RUN entries will go towards bursaries for student nurses.
19. The general public and COVID-19 SURVIVORS are invited to line the race route to celebrate our healthcare workers.
20. This is going to be an INSPIRING EVENT! Let us do our part to reward our colleagues, friends and family to join us.

COVID-19 PROTOCOLS:

The 7km NIGHT RUN will be a PHYSICAL and a VIRTUAL event.

As number restrictions are currently expected, we have three options available:

1. Run with healthcare workers at 6:00pm from the main NIGHT RUN venue.
2. Run an organised 7km route from designated Run/Walk for Life Club venues. Your proof of entry will be required.
3. Run a 7km route from ANYWHERE!

Should COVID regulations prevent the main 7km NIGHT RUN event from taking place, only options 2 or 3 will be available.

WE HONOUR AND EXPRESS DEEP GRATITUDE TO ALL THE EXCEPTIONAL HEALTHCARE WORKERS OF OUR NATION.
YOUR COMPASSION AND KINDNESS MEANS THE WORLD TO YOUR PATIENTS – THANK YOU.