



TrailAdventure

19:00PM

(REGISTRATION STARTS @ 17:30PM)

ONLINE: 5km ~ R75 / 10km ~ R85

Under 13 yrs & over 60 yrs only pay R20 (no surcharge applies)

R25 surcharge for late entries

WWW.TRAILADVENTURE.CO.ZA

Earn up to 600 Vitality Points



Wednesday ~ 18 September 2019

18 SEPT ~ OWL NIGHT RUN

**For more information contact: Shane @ 082 332 9552
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