



ingaadi
spa & events venue



PARADISE EXERCISE RUN/WALK

(Pet friendly)

REGISTER AND START ANYTIME BETWEEN 7AM - 9AM

JOIN US FOR AN OUTDOOR EXERCISE RUN/WALK.
STRICT COVID REGULATION COMPLIANCE MEASURES WILL BE IN PLACE.
NO GROUP GATHERINGS / SPECTATORS ALLOWED.
SOCIAL DISTANCING, SANITISING AND MASKS ARE COMPULSORY

ONLINE: 2km~R55 / 5km~R75 /
10km~R95 / 15km~R115 / 21km~R135
Under 13 yrs & over 60 yrs only pay R30 (no surcharge applies)
ON THE DAY ENTRIES CARRIES A R25 SURCHARGE

All finishers receives a Medal and
Also earn up to 1500 Vitality Points

ENTER @
WWW.REVOLUTIONTRAILS.CO.ZA
VENUE:

INGAADI SPA & EVENTS
PORTION 53 FARM, RIETFONTEIN,
GARSFONTEIN ROAD, BASHEWA

For more information contact us at:
083 264 3931 | revolutiontrails@gmail.com