

56TH ARTHUR CRESSWELL MARATHON

SUNDAY 7TH APRIL 2024

FINISH & BUS PICK UP (3-4:AM) CLUB HOUSE KLIPBANK RD
LADYSMITH



53 KM RUN **PRE-ENTRY R300**
LATE ENTRY R350
NO TEMPORARY LICENCE
BUS FEE R80

**NO ENTRIES ON
RACE DAY**

10 KM RUN **R150**
LATE ENTRY **R180**
21.1 KM RUN **R200**
LATE ENTRY **R250**
TEMPORARY LICENCE
10 KM **R60**
21.1 KM **R80**

**ENTRIES ACCEPTED
ON RACE DAY**

COLLECTION & LATE ENTRIES: SATURDAY 6 APRIL 15:00 - 20:00

53KM START:
BERGVILLE SPORTS CENTRE
05:30 AM

10 & 21 KM START:
LAC CLUBHOUSE
06:00 AM

ALL FINISH LAC CLUBHOUSE

Arthur Cresswell Memorial Ultra
Marathon



52km- 6h25min



LADYSMITH
ATHLETIC
CLUB



KWAZULU-NATAL ATHLETICS

**ONLINE ENTRIES ON
WWW.EVENTTIMING.CO.ZA
CLOSE 4 APRIL**

**CONTACT: LINCOLN SIBIYA
082 663 2424**

56TH ARTHUR CRESSWELL MARATHON

PRIZE MONEY				PRIZE MONEY			
53 KM		MALE	FEMALE	10 KM		MALE	FEMALE
	1	R5,000.00	R5,000.00		1	R800.00	R800.00
	2	R3,000.00	R3,000.00		2	R500.00	R500.00
	3	R2,000.00	R2,000.00		3	R300.00	R300.00
AGE				AGE			
	70	R300.00	R300.00		70	R150.00	R150.00
	60	R300.00	R300.00		60	R150.00	R150.00
	50	R300.00	R300.00		50	R150.00	R150.00
	40	R200.00	R200.00		40	R100.00	R100.00
	35	R200.00	R200.00		35	R100.00	R100.00
TEAM		PRICE		J		R100.00	R100.00
		R300.00	R300.00				
21KM							
	1	R1,000.00	R1,000.00				
	2	R800.00	R800.00				
	3	R500.00	R500.00				
AGE							
	70	R200.00	R200.00				
	60	R200.00	R200.00				
	50	R200.00	R200.00				
	40	R200.00	R200.00				
	35	R200.00	R200.00				
TEAM		R200.00	R200.00				

RULES

- 1| This race is run in according to the rules as laid down by the WA, ASA, and KZNA and all entrants must abide by these rules. All foreign athletes must abide by WA rule 4.2 and 142.
- 2| The minimum age limit of an entrant for the 53km is 20 years, 21km is 16 years and 10km is 14 years.
- 3| Current ASA licenses, age category and walker tags must be clearly worn on the front and back of the vest/crop top.
- 4| Junior athletes are recognised as being 19 in the full year of competition. Open and above recognised at the age on the day of competition.
- 5| Temporary licenses (if purchased) must be worn on the back of the vest/crop top.
- 6| Club colours must be worn.
- 7| Proof of age **MUST BE PRODUCED** if entrant qualifies for a prize category.
- 8| Race entry fees are not refundable.
- 9| Refreshment tables will be provided. Personal seconding is not permitted.
- 10| No pacing is permitted.
- 11| Marshals and traffic officials must be obeyed.
- 12| All entrants participate at their own risk. Organisers and sponsors will not be held responsible for any loss or injury during or as a result of the race, property lost or damaged on the course or in the changing area.
- 13| No littering rule (WA Clause 28.4 & 28.5 - Rule 125) applies.

HOW TO ENTER: Online at www.eventtiming.co.za **OR**

Bank transfer : ATM Cash Deposits @ Capitec can be made:-

Bank : Capitec

Account Holder: Eventtiming (KH Bradfield)

Account No: 1543764345 Clearing Code: 470010

Account type: Savings Branch: Pavillion

Use your Identity Number as reference and whatsapp the deposit slip + entry form with reference endorsed on it to 061 505 1416