R21 100^{00} for breaking record!

Get your trainers out for the F21 FOSKOR HALF MARATHON

FREE T-SHIRTS for the first 750 entries of the Half Marathon!

Foskor Half Marathon 27 July 2019 @ 13:30
Foskor Community Centre, Namakgale, Phalaborwa, Limpopo Province

Position	1	2	3	4	5	6	7	8	9	10
Open	R21 100	R12 000	R10 000	R7 400	R5 000	R3 500	R2 500	R2 000	R1 500	R1 000
Junior	R1 500	R1 000	R500							
40-49	R2 000	R1 500	R1 000							
50-59	R2 000	R1 500	R1 000							
60-69	R2 000	R1 500	R1 000							
70+	R1 500									

TOTAL PURSE R210 200^{00}

2018 Male Winner: SIBUSISO NZIMA **2018 Female Winner:** RUTENDO NYAHORA
CURRENT RECORDS: Male : 01:01:55 Female: 01:12:19

SPONSORS: LAC, KOMATSU, Barloworld Equipment CAT, Phalaborwa Herald, Foskor Athletics Club, Phalaborwa 105.1 FM

Pre-entries: 1 April 2019 - 12 July 2019
Registration: Foskor Community Centre on race day
GPS Coordinates: 23°56'34.8"S 31°02'21.4"E

***All prize winners must ensure that they have proof of banking details together with ID/Passport**

More info? Contact Molatelo Rankweteke
015 789 2040 / commsdesk@Foskor.co.za

Download entry form: www.foskor.co.za
Online entries: www.entrytime.co.za

F21 FOSKOR HALF MARATHON

2019 ENTRY FORM

NAME .....

SURNAME .....

CONTACT NO: ☐☐☐☐☐☐☐☐☐☐

ID NO: ☐☐☐☐☐☐☐☐☐☐☐☐☐ GENDER M F

2019 License No / Temporary No: .....

Club: .....

Province: .....

T-SHIRT SIZE: XS S M L XL XXL

PRE-ENTRY R90 **LATE ENTRY** R110
TEMPORARY LICENSE R30

R TOTAL PAID

CATEGORIES ☐ JUNIOR ☐ OPEN ☐ 40-49 ☐ 50-59 ☐ 60-69 ☐ 70+

Rules

Race numbers must be worn on the front of the running vest. Athletes do not need to belong to a club to participate, but must purchase a temporary license. Obey all Marshalls and traffic officers. Runners must be 16 years or older on race day. All participants must present their ID at registration. All foreign athletes to present their passport at registration. All athletes who have not reached the 15km mark by 16h00 will be transported back to the field. All prize winners will be subjected to a doping test, failure to avail yourself is a serious offence. Prize money will only be paid after doping results are received (around 3 weeks after race). Athletes who won prize money must present their banking details and ID / Passport. No registration and collection of prizes on behalf of fellow athletes. Entries cannot be refunded, cancelled, returned or exchanged on account of weather or unforseen events occurring beyond the control of the event organisers. No prize money will be paid on the day of the marathon. Prize money for breaking the course record will only be paid after re-measuring of the course. Foreign athletes will be subjected to 15% tax on the prize money (SARS and ASA instructions). The race is run under the rules of IAAF, ASA and Limpopo Athletics. All foreign athletes must comply with IAAF Rule 142.2 and Rule 4.2 with regard to permission from his/her country of origin to participate outside the country. Written proof of such permission must be provided on race day, should he/she be eligible for any prize money. The use of technology or appliance that provide the user with an advantage which he/she would not have obtained using the equipment is not permissible. I grant F21 and it's authorised agents permission to use my name, photographs, or other account free of charge.

INDEMNITY: By entering this event I undertake to be bound by the rules and regulations of the event including those of IAAF and ASA. I warrant that I am in good health and aware of the risks and physical nature of this sporting event. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extend allowed in law, the organisers of the event, all sponsors, persons and organisations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre- and post-race activities.

SIGNATURE ..... PARENT / GUARDIAN (under 18 years) ..... DATE: .....

Banking details:
ABSA Phalaborwa I Acc name: Foskor Marathon I Acc no: 406 801 8839 I Branch code: 334385 I Ref: Your ID number

**** Please write your full name on the deposit slip and your ID no as reference and attach this to your entry form with a copy of your ID / Passport. Post the original deposit slip (no copies) and entry form to: FOSKOR (PTY) LTD, P.O. Box 1, Phalaborwa 1390***