



Steve Tshwete  
Local Municipality



# MAYORAL THREE-IN-ONE HALF MARATHON



## Saturday 2 December 2023

Cosmos Park • Kort Street • Hendrina

**21.1km | 10km | 4.9km**

**NO ENTRY FEE**

Race starts at **7:00am**

Entries open from **5:00am** to **6:30am** on race day

You can also register with STLM Youth Development Office, **office D321**,  
from Monday to Friday

Cut off time for runners is at **11:00am**

**FREE T-shirt to the first 100 runners who finish 21.1km**

**FREE T-shirt to the first 50 runners who finish 10km**

**MEDALS to all runners who finish IN TIME**



## Rules and regulations

- Races are presented according to the rules of AMPU.
- Athletes participate at own risk and with their entry, they indemnify the organisers, province and sponsors of any liability or claims.
- No iPods or listening devices allowed.
- No dogs allowed.
- Obey traffic officials and race marshals.
- Athletes for 10km must be 14 years or older on the day of the race.  
Athletes for 21.1km must be 16 years or older on the day of the race.
- Age category ID tags must be worn - front and back
- - by athletes competing for a category prize AND it must be fixed on the vest on all four corners.
- ID document is required for category winners.
- Registered athletes must wear full club colours and 2023 license numbers - front and back.
- Non-registered athletes who participate in the event must wear a temporary license on the front. Remember to fill in the Temporary License tear-off slip and give it back to the organiser.
- Walkers to wear "W"
- No seconding will be permitted.
- Parking at own risk.
- The referee's decision is FINAL.

## Prize money

10km					
RUNNERS			WALKERS		
	Open	Men	Women	Men	Women
1		1 000	1 000	500	500
2		800	800		
3		500	500		
4		300	300		
5		250	250		
<b>40-49</b>					
1		600	600		
2		400	400		
<b>50-59</b>					
1		600	600		
2		400	400		
<b>60-69</b>					
1		600	600		
<b>70+</b>					
1		600	600		
<b>Junior</b>					
1		800	800		
2		500	500		
3		300	300		
4		250	250		
5		200	200		

21.1km			
RUNNERS ONLY			
	Open	Men	Women
1		2 000	2 000
2		1 500	1 500
3		1 000	1 000
4		750	750
5		500	500
<b>40-49</b>			
1		1 000	1 000
2		750	750
<b>50-59</b>			
1		1 000	1 000
<b>60-69</b>			
1		1 000	1 000
<b>70+</b>			
1		1 000	1 000
<b>Junior</b>			
1		1 500	1 500
2		1 000	1 000
3		750	750

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