

TWK HIGHVELD 4-in-1 MARATHON

presented by
Ermelo Marathon Club

For info contact Andries: 066 205 3685

VENUE: JJ VAN DER MERWE PRIMARY
22 Hubbard street, Ermelo, 2351
TIME: 07H00
DATE: 11 June 2022
ENTRIES: <https://forms.gle/gEayQWfCFFdED9oz8>
LATE ENTRIES FROM 05h00 (R50 penalty for late entries)
ENTRY FEES: Funrun R30; 10Km R70; 21.1Km R120; 42km R180
TEMP Licence R40.

Prize money for men and ladies

Place	OPEN			40+			50+			JHR	
	30km	21.1km	42km	10km	21.1km	42km	10km	21.1km	42km	30km	21.1km
1	300	450	500	100	150	100	50	100	100	100	100
2	200	300	400	-	-	-	-	-	-	-	-
3	100	200	300	-	-	-	-	-	-	-	-

- REFEREES' DECISION IS FINAL
- Obey all Traffic Officials and Race Marshals.
- All Covid-19 protocols need to be adhered to.
- The race will be run according to the rules of ASA, WORLD ATHLETICS (WA) & AMPU House rules.
- Ages: For 10km must be 14 years; 21.1km must be 16 and for 42.2 must be 20.
- Proof of age (ID) to be produced upon request on day of race.
- All athletes participate at their own risk and by entering the event they acknowledge that they are medically fit to participate.
- Registered athletes must wear full club colors.
- 2022 license numbers on the front and back of the vest.
- Temporary license must be fixed on the back of the vest.
- Age category ID tags must be clearly displayed for the duration of the event (back and front) by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.
- Race numbers will be issued at the event.
- ASA license numbers must not be covered with any paper race numbers /race bib.
- No littering, please make use of waste boxes on route - RUN CLEAN.
- All participants must take note that photographs might be taken at the event and placed on social media.
- No earphones, iPods and similar devices are allowed and will lead to disqualification
- Waterpoints at every 3km on the route.
- No seconding will be allowed.
- No animals or cyclist will be allowed to participate.
- This event will adhere with all Covid regulations on race day.

