

MEIRINGSPORT CHALLENGE

18 MAY 2024 DE RUST

MTB

- ▶ 19.5KM
- ▶ 38KM
- ▶ 61.5KM
- ▶ 61.5KM E-BIKE

TRAIL RUN

- ▶ 9.5KM
- ▶ 19.5KM

ENTRIES OPEN 1 FEB



WWW.MEIRINGSPORTCHALLENGE.CO.ZA



TRAIL RUN

RULES

- The wearing of club clothes is not mandatory.
- Only the event race number will be worn on the front of the vest.
- Immediate disqualification if a runner tampers with the route markings.
- Immediate disqualification if a runner is caught littering.
- Immediate disqualification if a runner damages the trail or any vegetation.
- Minimum age for 9.5km is 14 years AND 19.5km is 16 years.
- No substitutions will be allowed. No refunds.
- Start chutes close strictly at 07:30 on race day for compulsory race briefing. Arrivals after this time will not be allowed to start.
- **MEDALS TO ALL FINISHERS**

GENERAL

- Start & Finish at NG Church Grounds, De Rust.
- Cut-off times: 19,5km is 4 hours & 9.5km is 3hours.
- First aid is available on most of the route and at the finish.
- Ablution facilities will be available at start and finish.
- Enter online at www.meiringspoortchallenge.co.za **Pre entries close as soon as entry cap is reached or on 12 May 2024 whichever occurs first.**
- **Late and Race day entries, if available, will attract a R50 premium.**
- Race results available at www.aswd.co.za/results and at www.meiringspoortchallenge.co.za
- Donations in aid of the "Eljada Kairos Skool", Oudtshoorn can be made, voluntarily, along with entry fees.

REGISTRATION

- This is a pre-entry event.
- The collection of the race number bib will take place on Friday, 17 May 2024 from 17:00 – 19:00 and Saturday, 18 May 2024 from 06:00 – 07:30 at Church Hall.

PRIZE GIVING

Equal prize money for male and female athletes.

	1 st	2 nd	3 rd
9.5km	R1000	R800	R600
19.5km	R1400	R1200	R1000

RACE TIMING

Manual timing.

ENQUIRIES

General: Pieter Schoeman 082 377 0547 / hello@meiringspoortchallenge.co.za

Secretary: Leanne Schoeman - 082 953 0019 / entries@meiringspoortchallenge.co.za

Accommodation: <https://meiringspoortchallenge.co.za/news/accommodation/>