

# SATURDAY 7 NOVEMBER 2020



PRE-ENTRIES CLOSE 17th of OCTOBER 2020

ORGANIZED AND PRESENTED TO YOU BY

**NELSPRUIT MARATHON CLUB**

IN CLOSE ASSOCIATION WITH



INFO & PRE-ENTRIES - [www.uniwispmarathon.co.za](http://www.uniwispmarathon.co.za)

## 42.2 km

42.2km starts at 5:30am  
KAAPSEHOOP/NELSPRUIT ROAD  
25°33'6.66" S 30°45'9.21 E

Busses depart at 3:30am  
from Mbombela Stadium

**PRE-ENTRIES ONLY**

## 21.1 km

21.1km starts at 5:30am  
KAAPSEHOOP/NELSPRUIT ROAD  
25°32'0.47" S 30°50'6.84 E

Busses depart at 4:00am  
from Mbombela Stadium

**PRE-ENTRIES ONLY**

## 10 km

10km starts at 6:00am  
KAAPSEHOOP/NELSPRUIT ROAD  
25°30'6.60" S 55°40'0.23 E

Busses depart at 4:30am  
from Mbombela Stadium

**PRE-ENTRIES ONLY**

Upgrades, downgrades or substitutions changes can only be made during September 2020.

**Nelspruit / Kaapsehoop Road will be CLOSED from 4:00am until 10:00am.**

Halfway cut off 9:00am on 42km race. No medals after 11:30am finish cut off. Prize giving starts strictly at 11:30am. All prize winners for each categories must be present to redeem prize. Free Dri-T-Shirt for the first 5000 entries (not applicable to 10km entrants).

	AMOUNT
10km Entry Fee	R80
21.1km Entry Fee	R230
42.2km Entry Fee	R300
	Bus Fee Included
Temp no (10km, 21.1km, 42.2km)	R40
Extra Dri-T-Shirts	R100

OFFICIAL OPENING EVENT OF THE  
ANNUAL MPUMALANGA CULTURAL XPERIENCE

## MATT TO MATT TIMING

COMRADES AND TWO OCEANS QUALIFIER



**CONTACT STEPHNIE SMIT: 060 852 0340**



PRIZE (Men/Lady)	42km	21km	10km
1st Open	R 6000	R 3000	R 1500
2nd Open	R 3000	R 1500	R 700
3rd Open	R 1500	R 700	R 400
4th Open	R 700	R 400	R 300
5th Open	R 400	R 200	R 200
1st Junior		R 1000	R 600
2nd Junior		R 600	R 300
3rd Junior		R 300	R 200
1st 40+	R 1500	R 1000	R 600
2nd 40+	R 700	R 500	R 300
3rd 40+	R 400	R 200	R 200
1st 50+	R 1200	R 800	R 400
2nd 50+	R 600	R 400	R 200
3rd 50+	R 300	R 200	R 100
1st 60+	R 1200	R 600	R 400
2nd 60+	R 600	R 300	R 200
3rd 60+	R 300	R 200	R 100
1st 70+	R 1200	R 600	R 400
2nd 70+	R 600	R 300	R 200
3rd 70+	R 300	R 200	R 100
1st Walker	R 1200	R 800	R 400
2nd Walker	R 600	R 400	R 200
3rd Walker	R 300	R 200	R 100

### **INDEMNITY/WAIVER**

By entering this event I undertake to be bound by the rules and regulations of the event including those of IAAF and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organisers of the event, all sponsors, persons and organisations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any re-sponsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre-and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

**MINOR RELEASE:** and I, the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this Indemnity/ waiver on behalf of the minor.

**ASA Rules:** Obey all Traffic Officials and Race Marshals. The race will be run according to the rules of AMPU, ASA and the IAAF. **No seconding will be allowed.**

**Ages:** Athletes for 10km must be 14 years or older on the day of the race. Athletes for 21.1km must be 16 years or older on the day of the race Athletes for 42.2km must be 20 years or older on the day of the race.

Proof of age (ID) to be produced upon request on day of race. All athletes will participate at their own risk. Registered athletes must wear full club colours. 2020 license numbers on the front and back of the vest. Official Race and Temporary numbers at the front on the vest, below the top part as ASA Number. Remember to complete the Temporary license tear off slip immediately and hand it back to the organizer.

Age category ID tags must be worn (back and front) by athletes competing for a category prize AND must be fixed on the vest (all 4 corners). Walkers must have a fixed "W" on the vest to qualify for any prizes.

Athletes, entering for this event, and use medication to treat an illness or condition which fall under the Prohibited List, should complete a Therapeutic Use Exemption (TUE) form before entering for the event and obtain authorization from SAIDS to take the needed medicine or method.

**Special Medical Conditions or Allergies to be disclosed on entry form.**