

Hosted by Hewat AC

# Cape Town Festival of Running 2024

13 July- 5 x 5 Relay at 12 pm (report 11:30)  
 13 July - 50km at 7:00 am  
 14 July - 21km 7:30 am

**DISCOUNT ON ACCOMODATION WITH RIVIERA SUITES SEAPOINT**

All participants qualify 25% discount. See T&C attached

**ENTER ONLINE WITH PEAK TIMING**

50km - R330 (fee incl refreshments)  
 21km- R190, 70+age discount 50%

5x5km relay- R350, Junior R300

Long sleeve Tshirt - R260

**CALL :**

0845932434

Info@hewatac.co.za

**MORE CONTACT INFO:**

ctrunningfest (Instagram) CTFOR (FB)

Registration:

Venue: Sea Point Promenade Opp SABC building.

Friday 12 July from 3pm

Saturday 13 July from 5:30 am

Sunday 14 July from 5:30 am

