

FOOD LOVER'S MARKET

TEKKIE CHALLENGE



10 MILER
16KM

10KM
BATTLE OF THE SEXES

5KM
FAMILY FUN RUN/WALK

7 SEPTEMBER 2024
JAN KRIEL SCHOOL,
KUILSRIVER

HOW TO ENTER

Pre-entries close Monday 2 Sept 2024 midnight. Race packs can be collected Friday 6 Sept 2024 14h00-18h00 & Saturday 7 Sept 2024 06h00 until 15min prior to start.

ONLINE	MANUAL	EMAIL	RACE-DAY
<p>PRE-ENTRIES ONLY Visit www.racetraq.co.za For enquiries email web-query@racetraq.co.za Payment must be made within 7 days of entry, or your entry will be deleted. Subject to admin fee.</p>	<p>PRE-ENTRIES ONLY Hand-deliver entry form to Jan Kriel Institute, Skool Street, Kuilsrivier. Open Monday to Friday 08h00-13h00. Cash and card payments accepted.</p>	<p>PRE-ENTRIES ONLY Send completed form and payment to events@jankriel.co.za Jan Kriel Institute ABSA 632005 ACC 3010141566. Please use REFERENCE: Tekkie+ Surname+ Initial</p>	<p>Manual entries for all events will be accepted on Saturday 7 Sep 2024. Jan Kriel School Hall 06h00 until 15 minutes prior to each start at Jan Kriel School Hall. Cash and card payments accepted.</p>



TEKKIE CHALLENGE

Give a child a chance!

NETCARE 082911

24HR EMERGENCY MEDICAL ASSISTANCE

FOOD LOVER'S MARKET





Pennsula Beverages



RENO



Cape Multisport



KUILS RIVER WOMEN'S CLUB



IVECO



CAPE TRUCK AND VAN PTY LTD



NETWORK
BROKERS
MARKETS & RIS



PHANGELA GROUP



OLYMPIC



WESTERN PROVINCE ATHLETICS