

21.1KM

09  
AUG 2023

KYALAMI  
corner  
MIDRAND  
STRIDERS

6:30 AM

5KM FUN RUN

10KM

6:40 AM

ENTRY FEES

21.1km = R240 (late entry fee = R260)

10km = R160 (late entry fee = R180)

5km = R90 (late entry fee = R110)

Grandmasters = R190 | Great-grandmasters = free

Grandmasters = R190 | Great-grandmasters = free

Grandmasters = R40 | Great-grandmasters = free

An additional service fee will be charged by the service provider



FAMILY. FITNESS. FRIENDSHIP

SOMETHING FOR EVERYONE



MORNING COFFEE



FOOD STALLS



MEDALS FOR ALL FINISHERS



COMPETITION PRIZES



SAFE PARKING

KYALAMI CORNER SHOPPING CENTRE

MAIN RD, WITPOORT, MIDRAND, 1684